

Summary report from Health and Wellbeing Board, 18th September 2015

Summary

This report is intended to update any interested groups on the work of the Health and Wellbeing Board. It includes information on items considered by the Board at their latest meeting on 18th September 2015 and updates on other items relating to health and wellbeing in the City of London. Details on where to find further information or contact details for the relevant officer are included for each item.

Full minutes and reports are available at:

<http://democracy.cityoflondon.gov.uk/ieListMeetings.aspx?Committeeld=994>

Committee updates

- City of London Air Quality Strategy 2015 - 2020
- Joint Health and Wellbeing Strategy refresh
- Better Health for London: Next steps
- Children and Young People's Plan 2015-18
- Adult Wellbeing Partnership update

Local updates

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- Dementia Friendly Community status
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COMMITTEE UPDATES

1. City of London Air Quality Strategy 2015 - 2020

The City of London Corporation published an Air Quality Strategy in 2011. The Strategy, approved by the Port Health and Environmental Services Committee (PHES) in March 2011, expires in 2015. A draft air quality strategy for 2015 through to 2020 was presented to the PHES Committee in November 2014. It has since been subject to consultation.

The updated Air Quality Strategy fulfils the City of London's statutory obligation to assist the Government and Mayor of London to meet European Limit Values for nitrogen dioxide and fine particles (PM10). It also reflects the high priority placed on reducing the impact of air pollution on the health of residents and workers, as detailed in the Joint Health and Wellbeing Strategy.

The contact officer is Ruth Calderwood, Environmental Policy Officer, T: 0207 332 1162, E: ruth.calderwood@cityoflondon.gov.uk.

2. **Joint Health and Wellbeing Strategy refresh**

The Joint Health and Wellbeing Strategy (JHWS) sets out the priorities of the City of London Health and Wellbeing Board (HWB). It is a statutory requirement that the strategy is kept up to date and the HWB has committed to reviewing the JHWS on an annual basis, with a full re-write due in 2016.

HWB members were consulted and made suggestions for changes to both the JHWS and the accompanying action plan, including the addition of a priority around integrated care, further actions around children's health and an increased emphasis on the health of City workers.

Both the updated JHWS and action plan are available to view on the Health and Wellbeing Board's webpages: www.cityoflondon.gov.uk/services/health-and-wellbeing.

The contact officer is: Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: sarah.thomas@cityoflondon.gov.uk

3. **Better Health for London: Next steps**

The City of London Health and Wellbeing Board (HWB) selected a number of key recommendations from the London Health Commission's *Better Health for London* report for further exploration at their meeting in February 2015. An officer working group was asked to analyse the implications of each of these opportunities.

Members considered a set of recommendations around smoke free outdoor spaces, encouraging more walking and cycling in the City, promoting workplace health initiatives, raising awareness of exercise and healthy lifestyles and meeting the healthcare needs of City workers.

The recommendations to be taken forward are:

- Smoke free parks and open spaces: The HWB will continue to champion smoke free children's playgrounds and will consider expanding the voluntary smoke free scheme to parks and open spaces within the City.
- Encouraging workers to walk more: The HWB will continue to support active travel by implementing some local schemes that specifically encourage both workers and residents to walk or cycle more. A proposal outlining specific initiatives will be brought to the HWB.
- Promotion of workplace health initiatives: Members expressed their support for the work of the Business Healthy initiative, which ensures the City's ongoing commitment to healthy workplaces across the Square Mile.
- Public health awareness raising activities: The HWB will seek to introduce public health awareness raising activities, specifically focused on exercise and healthy lifestyles, at existing events in the City.
- Additional healthcare services: The HWB continues to support the Workplace Health Centre feasibility study, in order to help meet the identified healthcare needs of City workers.

The contact officer is: Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: sarah.thomas@cityoflondon.gov.uk

4. Children and Young People's Plan 2015-18

The City of London Corporation Children and Young People's Plan 2015–18 sets out the vision for children, young people and their families and carers in the City: "A safe, engaged and integrated community that enables all children and young people to achieve their full potential".

The plan outlines shared partnership commitments and anticipated outcomes that will emerge as a result of the work delivered around four priority areas:

- Priority 1: Close the gap for vulnerable groups
- Priority 2: Close the gap in outcomes for children, young people and families based on their localities
- Priority 3: Ensure that children and young people are well prepared to achieve in adulthood through high quality learning and development
- Priority 4: Improve physical and emotional health and wellbeing from conception to birth and throughout life

The plan has been shaped through extensive consultation, engagement with and involvement of external agencies and partners, children, young people and their families.

An implementation plan, performance framework and process map will be developed to ensure regular, scheduled information flows to the Children's Executive Board.

The contact officer is Simon Cribbens, Policy Development Manager Housing and Social Care, T: 020 7332 1210, E: simon.cribbens@cityoflondon.gov.uk

5. Adult Wellbeing Partnership update

The Adult Wellbeing Partnership was established in October 2014 and became a formal sub-group of the Health and Wellbeing Board in February 2015. It provides strategic leadership and oversight, scrutiny and challenge on initiatives and programmes that deliver adult wellbeing in the Square Mile. This includes implementing changes to meet the requirements of both the Care Act and the Better Care Fund, as well as addressing a range of integration issues.

The Partnership consists of a range of senior officers from City of London Corporation, City and Hackney CCG, Tower Hamlets CCG, City of London Healthwatch, London Fire Brigade, City of London Police, the Neaman GP Practice, East London Foundation Trust and Public Health.

Future Partnership work will include overseeing social isolation policy development, monitoring performance on key indicators related to adult wellbeing and inputting to the City's new mental health strategy.

The contact officer is: Ellie Ward, Programme Manager, T: 020 7332 1535, E: ellie.ward@cityoflondon.gov.uk

LOCAL UPDATES

6. Key findings from the City of London Mental Health needs assessment

Until December 2014 City of London mental health services were commissioned jointly with the London Borough of Hackney; however the need for services which are specific to the City of London resident population's needs has been recognised. The City Supplement of the mental health needs assessment has been written in order to shape the commissioning of new mental health services for those who live and work in the City of London. The needs assessment draws on epidemiological and comparative data for the City in conjunction with stakeholder views, captured through interviews and workshops, to identify areas of unmet mental health need for the City of London, and includes a series of recommendations.

The key factors influencing mental health in City of London are:

- The City of London has a diverse range of religious faiths. It is important to understand the beliefs of local residents to ensure health services are commensurate with beliefs and deliver best outcomes for all.
- Higher rates of psychiatric admissions and suicides are seen in areas of high deprivation and unemployment, regardless of age or gender. There are wide disparities between levels of deprivation in the City.
- There are strong associations between poor housing and mental health problems. The City has a higher proportion of over-crowded households (lacking at least 1 bedroom) than comparable areas in London.
- The City of London has a very high number of rough sleepers. Approximately 1 in 8 of the rough sleepers in the City of London have mental health needs.
- For many City workers the high pressure, competitive nature and long working hours of City roles may also trigger stress and mental health issues and trigger risk taking behaviours. Previously, periods of high unemployment or severe economic problems have had an adverse effect on the mental health of the population.
- The City has a relatively low number of children and young people, living in dense pockets of residential population with some areas of high levels of deprivation. Additional risk factors may include living in a low income family, having special educational needs, being in Local Authority Care, being in the Youth Justice System and having poor physical health or a physical disability, which can increase the risk of mental health issues.
- High levels of depression are currently seen in the wards of Cripplegate and Portsoken. By 2026 there is expected to be a further 17% increase.
- The number of older people aged 65 years or over in City is predicted to increase from around 1,050 in 2011 to 1,435 in 2021. Social isolation is a known risk factor for depression in older people and is more common amongst people who live alone. People with long-term conditions are 2-3 times more likely to experience mental health problems. Carers are also particularly vulnerable to mental health problems.

The full Mental Health Needs Assessment City Supplement is available from Poppy Middlemiss (poppy.middlemiss@cityoflondon.gov.uk, 020 7332 3002).

7. Mental Health Strategy

A Mental Health Strategy for the City of London is currently being developed in partnership with City and Hackney CCG. It will set out the City's ambitions for better mental health and wellbeing, highlighting the key challenges, areas of focus and next steps. It will draw on the recently completed Mental Health Needs Assessment as its primary evidence base and will cover the mental health needs of all the populations within the City, including children and young people, residents of working age, older people, City workers and rough sleepers. A workshop with Healthwatch has also been planned to understand the views of residents and local service users.

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8. Dementia Friendly Community status

The Alzheimer's Society has awarded the City of London Corporation with 'Dementia Friendly Community' status. This demonstrates our continuing commitment to building dementia-friendly communities and is the culmination of several years' work, including the development of the City's Dementia Strategy.

For more information visit: <https://www.cityoflondon.gov.uk/services/adult-social-care/Pages/dementia.aspx>

9. Health Profile for the City of London

Health Profiles provide a useful snapshot overview of factors influencing health and health outcomes for each local authority area in England. At the 19th June meeting of the HWB, Members discussed the absence of a Health Profile for the City of London. The Chairman was requested to write to Public Health England, expressing concern that a profile has not been produced for the City of London and requesting that one be published in 2016.

The London Knowledge and Intelligence Service at Public Health England has since confirmed that they will develop a bespoke health report for City of London, in the absence of a Health Profile. This report will describe the key health outcomes for the area drawing on indicators from the Public Health Outcomes Framework (PHOF) and Local Health tools and other sources where appropriate. Where possible it will include indicators that are used in the health profiles for London local authority areas. This is currently being developed and will be shared with the HWB once available. A similar report will also be developed to coincide with the release of the 2016 Health Profiles.

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